

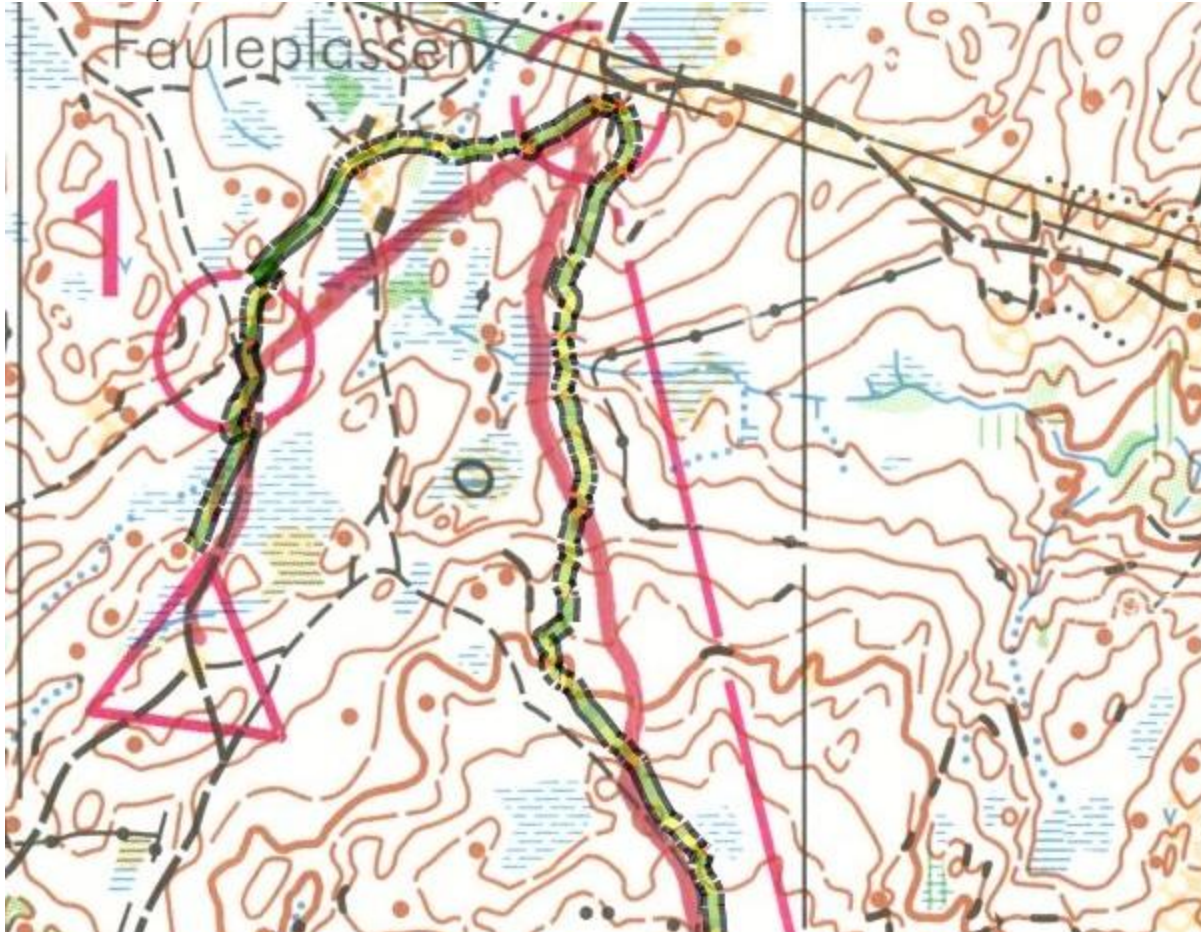
Some good old technical cool stuff

[Back to start Norwegian version of the blog](#)

Some good old practical use of technic aid. Via [Sindre's article](#) I found [QuickRoute](#) and here you can add the GPS data and overlay it with a scanned picture.

See example below. here I also have drawn the route it *though* I was running. I always do that after a race, it's very helpful. So now I can compare my memory with the real stuff.

<continue below picture>



If you study the course fra control 1 to control 2, there is some difference, and it's clear that I miss which cabin I was passing on the left side, so it's useful to have the corrected route.

The whole race is here : [Høstløpet på Kongsberg](#)